

# Electrocardiogram (ECG)

PATIENT INFORMATION SHEET

An electrocardiogram (ECG) is a 10-30 second instantaneous recording of your hearts electrical activity from 12 different angles of the heart. Your heart rhythm and heart rate is recorded and interpreted by your Cardiologist

#### An ECG can show:

- Irregular heart rhythm (arrhythmias)
- Identify any structural problems with your heart's chambers
- See how effective any previous heart surgery has been
- Signs of coronary artery disease
- Monitor for changes in your ECG pattern related to certain medication

# **Preparation**

There is no preparation required for this test.

#### **Procedure**

You will be required to lie down and be bare chested Electrodes or ECG dots will be placed at specific areas of your chest.

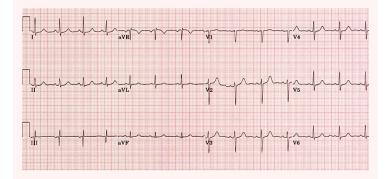
In some male patients, certain areas of the chest maybe shaved and cleaned to ensure good contact and to minimise artefact.

Keep still and relax while you are attached to the electrocardiograph to minimise movement artefact on the ECG trace.

## Results

A print out of your ECG is automatically generated and printed. This will be given to your Cardiologist or your referring Doctor.

Your Cardiologist or Doctor will discuss the ECG findings with you



## **Contact Us**

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